

**Pleasant View School
September Lunch Form
From 09/06 – 09/30**

Parent Name _____ Student Name _____ Grade _____

All meals contain 1 Main course, 1 Side item, 1 Drink, & 1 Dessert. Please circle one of each.

Tuesday, September 6, 2011

Main Course: Medium Burger 1 /\$4 **OR** Hot Dogs 1/\$3.5 2/ \$5 **OR** Spagitt & Meat ball/ \$ 5
Sides: plain chips, Barbeque, hot fries, carrots, salad and Mac& cheese (side or substitute from main course)
Dessert: Strawberry, Sliced apples, mix fruit cups, jello w/fruit, nutria bars, fruit rollup OR cookies.
Drinks: Apple Juice, Orange Juice, Kool Aid, Gatorade, water, chocolate milk

Wednesday, September 7, 2011

Main Course: Chicken Nuggets 5 /\$4 10/\$5 **OR** Turkey Sub 1/\$4 2/ \$5
Sides: plain chips, Barbeque, hot fries, carrots, salad and Mac& cheese (side or substitute from main course)
Dessert: Strawberry, Sliced apples, mix fruit cups, jello w/fruit, nutria bars, fruit rollup OR cookies.
Drinks: Apple Juice, Orange Juice, Kool Aid, Gatorade, water, chocolate milk

Thursday, September 8, 2011

Main Course: Chicken & Rice \$5 **OR** Kufta & Rice /\$5 Samosa, beef, chicken, cheese & spinach 1/\$3.5 2/ 4.5
Sides: plain chips, Barbeque, hot fries, carrots, salad and Mac& cheese (side or substitute from main course)
Dessert: Strawberry, Sliced apples, mix fruit cups, jello w/fruit, nutria bars, fruit rollup OR cookies.
Drinks: Apple Juice, Orange Juice, Kool Aid, Gatorade, water, chocolate milk

Friday, September 9, 2011

Main Course: Beef Taco 1/ \$3 2/\$4 **OR** Nachos& cheese \$4
Sides: plain chips, Barbeque, hot fries, carrots, Salad and Mac& cheese (side or substitute from main course)
Dessert: Strawberry, Sliced apples, mix fruit cups, jello w/fruit, nutria bars, fruit rollup OR cookies.
Drinks: Apple Juice, Orange Juice, Kool Aid, Gatorade, water, chocolate milk

Monday, September 12, 2011

Main Course: Cheese or Beef Pizza 1 /\$4 2/\$5 **OR** Veggie Pizza 1/\$5 2/ \$6
OR Grilled Cheese Sandwich 1/\$3 2 /\$4
Sides: plain chips, Barbeque, hot fries, carrots, salad and Mac& cheese (side or substitute from main course)
Dessert: Strawberry, Sliced apples, mix fruit cups, jello w/fruit, nutria bars, fruit rollup OR cookies.
Drinks: Apple Juice, Orange Juice, Kool Aid, Gatorade, water, chocolate milk

Tuesday, September 13, 2011

Main Course: Medium Burger 1 /\$4 **OR** Hot Dogs 1/\$3.5 2/ \$5 **OR** Spagitt & Meat ball/ \$ 5
Sides: plain chips, Barbeque, hot fries, carrots, salad and Mac& cheese (side or substitute from main course)
Dessert: Strawberry, Sliced apples, mix fruit cups, jello w/fruit, nutria bars, fruit rollup OR cookies.
Drinks: Apple Juice, Orange Juice, Kool Aid, Gatorade, water, chocolate milk

Wednesday, September 14, 2011

Main Course: Chicken Nuggets 5 /\$4 10/\$5 **OR** Turkey Sub 1/\$4 2/ \$5

Sides: plain chips, Barbeque, hot fries, carrots, salad and Mac& cheese (side or substitute from main course)

Dessert: Strawberry, Sliced apples, mix fruit cups, jello w/fruit, nutria bars, fruit rollup OR cookies.

Drinks: Apple Juice, Orange Juice, Kool Aid, Gatorade, water, chocolate milk

Thursday, September 15, 2011

Main Course: Chicken & Rice \$5 **OR** Kufta & Rice /\$5 Samosa, beef, chicken, cheese & spinach 1/\$3.5 2/ 4.5

Sides: plain chips, Barbeque, hot fries, carrots, broccoli, salad and Mac& cheese (side or substitute from main course)

Dessert: Strawberry, Sliced apples, mix fruit cups, jello w/fruit, nutria bars, fruit rollup OR cookies.

Drinks: Apple Juice, Orange Juice, Kool Aid, Gatorade, water, chocolate milk

Friday, September 16, 2011

Main Course: Beef Taco 1/ \$3 2/\$4 **OR** Nachos& cheese \$4

Sides: plain chips, Barbeque, hot fries, carrots, Salad and Mac& cheese (side or substitute from main course)

Dessert: Strawberry, Sliced apples, mix fruit cups, jello w/fruit, nutria bars, fruit rollup OR cookies.

Drinks: Apple Juice, Orange Juice, Kool Aid, Gatorade, water, chocolate milk

Monday, September 19, 2011

Main Course: Cheese or Beef Pizza 1 /\$4 2/\$5 **OR** Veggie Pizza 1/\$5 2/ \$6

OR Grilled Cheese Sandwich 1/\$3 2/\$4

Sides: plain chips, Barbeque, hot fries, carrots, salad and Mac& cheese (side or substitute from main course)

Dessert: Strawberry, Sliced apples, mix fruit cups, jello w/fruit, nutria bars, fruit rollup OR cookies.

Drinks: Apple Juice, Orange Juice, Kool Aid, Gatorade, water, chocolate milk

Tuesday, September 20, 2011

Main Course: Medium Burger 1 /\$4 **OR** Hot Dogs 1/\$3.5 2/ \$5 **OR** Spagitt & Meat ball/ \$ 5

Sides: plain chips, Barbeque, hot fries, carrots, salad and Mac& cheese (side or substitute from main course)

Dessert: Strawberry, Sliced apples, mix fruit cups, jello w/fruit, nutria bars, fruit rollup OR cookies.

Drinks: Apple Juice, Orange Juice, Kool Aid, Gatorade, water, chocolate milk

Wednesday, September 21, 2011

Main Course: Chicken Nuggets 5 /\$4 10/\$5 **OR** Turkey Sub 1/\$4 2/ \$5

Sides: plain chips, Barbeque, hot fries, carrots, salad and Mac& cheese (side or substitute from main course)

Dessert: Strawberry, Sliced apples, mix fruit cups, jello w/fruit, nutria bars, fruit rollup OR cookies.

Drinks: Apple Juice, Orange Juice, Kool Aid, Gatorade, water, chocolate milk

Thursday, September 22, 2011

Main Course: Chicken & Rice \$5 **OR** Kufta & Rice /\$5 Samosa, beef, chicken, cheese & spinach 1/\$3.5 2/ 4.5

Sides: plain chips, Barbeque, hot fries, carrots, salad and Mac& cheese (side or substitute from main course)

Dessert: Strawberry, Sliced apples, mix fruit cups, jello w/fruit, nutria bars, fruit rollup OR cookies.

Drinks: Apple Juice, Orange Juice, Kool Aid, Gatorade, water, chocolate milk

Friday, September 23, 2011

Main Course: Beef Taco 1/ \$3 2/\$4 **OR** Nachos& cheese \$4

Sides: plain chips, Barbeque, hot fries, carrots, Salad and Mac& cheese (side or substitute from main course)

Dessert: Strawberry, Sliced apples, mix fruit cups, jello w/fruit, nutria bars, fruit rollup **OR** cookies.

Drinks: Apple Juice, Orange Juice, Kool Aid, Gatorade, water, chocolate milk

Monday, September 26, 2011

Main Course: Cheese or Beef Pizza 1 /\$4 2/\$5 **OR** Veggie Pizza 1/\$5 2/ \$6

OR Grilled Cheese Sandwich 1/\$3 2 /\$4

Sides: plain chips, Barbeque, hot fries, carrots, Salad and Mac& cheese (side or substitute from main course)

Dessert: Strawberry, Sliced apples, mix fruit cups, jello w/fruit, nutria bars, fruit rollup **OR** cookies.

Drinks: Apple Juice, Orange Juice, Kool Aid, Gatorade, water, chocolate milk

Tuesday, September 27, 2011

Main Course: Medium Burger 1 /\$4 **OR** Hot Dogs 1/\$3.5 2/ \$5 **OR** Spagitt & Meat ball/ \$ 5

Sides: plain chips, Barbeque, hot fries, carrots, salad and Mac& cheese (side or substitute from main course)

Dessert: Strawberry, Sliced apples, mix fruit cups, jello w/fruit, nutria bars, fruit rollup **OR** cookies.

Drinks: Apple Juice, Orange Juice, Kool Aid, Gatorade, water, chocolate milk

Wednesday, September 28, 2011

Main Course: Chicken Nuggets 5 /\$4 10/\$5 **OR** Turkey Sub 1/\$4 2/ \$5

Sides: plain chips, Barbeque, hot fries, carrots, salad and Mac& cheese (side or substitute from main course)

Dessert: Strawberry, Sliced apples, mix fruit cups, jello w/fruit, nutria bars, fruit rollup **OR** cookies.

Drinks: Apple Juice, Orange Juice, Kool Aid, Gatorade, water, chocolate milk

Thursday, September 29, 2011

Main Course: Chicken & Rice \$5 **OR** Kufta & Rice /\$5 Samosa, beef, chicken, cheese & spinach 1/\$3.5 2/ 4.5

Sides: plain chips, Barbeque, hot fries, carrots, broccoli, salad and Mac& cheese (side or substitute from main course)

Dessert: Strawberry, Sliced apples, mix fruit cups, jello w/fruit, nutria bars, fruit rollup **OR** cookies.

Drinks: Apple Juice, Orange Juice, Kool Aid, Gatorade, water, chocolate milk

Friday, September 30, 2011

Main Course: Beef Taco 1/ \$3 2/\$4 **OR** Nachos& cheese \$4

Sides: plain chips, Barbeque, hot fries, carrots, Salad and Mac& cheese (side or substitute from main course)

Dessert: Strawberry, Sliced apples, mix fruit cups, jello w/fruit, nutria bars, fruit rollup **OR** cookies.

Drinks: Apple Juice, Orange Juice, Kool Aid, Gatorade, water, chocolate milk

Total amount for this month \$ _____